# **ITINERARY RUTA MAYA**

## DAY1 (Tuesday 26 November) MEXICO CITY

Reception of the group in the airport. Transport to hotel. Accommodation in Mexico City.



### DAY 2 (Wednesday 27 November) XOCHIMILCO & COYOACÁN

Breakfast. We start our day with a trip down the canals in the tourist district of Xochimilco in a traditional "TRAJINERA", a brightly decorated passenger barge. Visit to the home of the famous Mexican painter Frida Kahlo. Meal. Our day ends in the heart of bohemian Coyoacán with traditional ice-cream and visit to a typical Mexican handcrafts market. Accommodation in Mexico City.

### DAY 3 (Thursday 28 November) HISTORIC MEXICO

Breakfast. Guided visit to Chapultepec Castle and tour of the renowned Museum of Anthropology. Meal. Walking tour of the historical centre of Mexico City and its principal monuments: Bellas Artes Palace, the Post Office, Casa de Azulejos, National Palace, the Cathedral. Accommodation in Mexico City.





# DAY 4 (Friday 29 November) TEOTIHUACÁN

Breakfast. Guided tour of Teotihuacán - "where men are

converted into gods". We will see the temple of Quetzalcóatl, the Avenue of the Dead, the Sun and the Moon pyramids and the Quetzal-Papalotl Temple. Visit to an artisan workshop for an explanation of the use of obsidian and the maguey (a type of agave plant) in pre-Hispanic culture. Meal. Accommodation in Mexico City.



# DAY 5 (Saturday 30 November) MÉXICO VERDE

Breakfast. Transport to México Verde in Jalcomulco, Veracruz (5 hours) – our adventure camp, designed for the development of healthy, active and responsible minds. All activities are supervised by professionals and accompanied by a certified guide. Meal. We begin our challenges with an assault course – a competition

between teams. Meal. Campfire and ice-breaker activities. We spend the night in luxury safari tent accommodation.



## DAY 6 (Sunday 1 December) MÉXICO VERDE

Breakfast. The day begins with rafting down the white water rapids of La Antigua river. Fun and challenges for all levels including a 5m jump from the bank into the river for those that dare. Meal. Abseiling and zip lines over the top of the mango forest in the afternoon. Italian meal. DJ night. Night in the campground.

### DAY 7 (Monday 2 December) MÉXICO VERDE

Breakfast. Canyon trekking: leisurely hike with a few challenges! The route takes us through ravines, gullies and waterfalls that are difficult to access. Meal. The afternoon is free to relax and enjoy new friendships in the peace of the tropical campsite. Meal. Bucking bronco evening. Accommodation in the campground.

# DAY 8 (Tuesday 3 December) MÉXICO VERDE to SAN CRISTOBAL DE LAS CASAS

Breakfast. Journey to San Cristobal de las Casas (10 hours), labelled a "Puebla Mágica" by the Mexican tourist board and one of the first cities constructed in Spanish North America. Meal en route. Accommodation in San Cristobal de las Casas.

#### DAY 9 (Wednesday 4 December) TALLER DE COSTURA

Breakfast. For those that require, there will be time to visit laundry. Visit to a women's cooperative to learn about the traditional methods of stitching and the conditions local life. Meal. Visit to church in San Juan Chamula where Christianity meets traditional beliefs. Night in San Cristobal.

#### DAY 10 (Thursday 5 December) EL SUMIDERO CANYON

Breakfast. Trip down the Sumidero Canyon by boat. Ride through the towering rocks 1000 metres high accompanied by bird song, chattering monkeys and the silent stealth of crocodiles. Return to San Cristobal to eat.



The afternoon is free to explore the scenery, markets, culture of San Cristobal. San Cristobal is the cheapest place on our trip to buy Mexican artesania, gifts and memoirs. Night in San Cristobal.

## DAY 11 (Friday 6 December) AGUA AZUL and MISOL HA WATERFALLS – PALENQUE

Breakfast. Travel to Agua Azul Waterfall (4 hours), fascinating for the white-blue waters that empty into natural swimming pools. Time to swim. Travel to Misol Ha waterfall (I hour). Meal. Free time to visit Misol Ha – a 30m waterfall that falls into a near circular pool. Behind the falls is a bat cave, famed for the filming of Predator in the late 1980s. Accommodation in Palenque.



# DAY 12 (Saturday 7 December) PALENQUE – XPUJIL

Breakfast. Guided trek through the "jungle" surrounding Palenque. Let the river fish nibble the dead skin off your feet, swing on lianas or feast on termites from under the tree bark. Visit to the arqueological site of





Palenque, one of the best examples of Mayan arquitecture built mainly by Emperor Pakal in the seventh century. Meal. Transport to and accommodation in Xpujil, Calakmul (5 hours).

## DAY 13 (Sunday 8 December) CALAKMUL

Breakfast. Early start with a local guide to explore the paths of the ancient Mayan city of Calakmul, one of the principal capitals of the Mayan world, lost in the jungle of Mexico's largest tropical nature reserve. Discover the abundant wildlife – monkeys, toucans, ocelots, even jaguars and pumas if you are lucky. Meal. Visit to the bat caves of XPujil, a cenote that shelters around 3 million bats of 9 species, that leave en masse every night at sunset to feed mainly on insects and some fruit. Night in Xpujil.

## DAY14 (Monday 9 December) BACALAR

Breakfast. Trip to Bacalar "the place where the heavens begin" (1hr 45 min). Boat tour of the Lagoon of Seven Colours with time to swim in its cenotes and bathe in the muddy flats of fine sand. Meal. Visit to the pirate museum inside the San Felipe fort. Accommodation in Mahahual. (1 hr 15 min).



### DAY15 (Tuesday10 December) MAHAHUAL

Breakfast. Free day to rest in the peace of the Caribbean. In Mahahual you can snorkel with turtles, learn to dive, enjoy the benefits of a relaxing massage or swing in a hammock on the water's edge. (Activities not included today). Meal and night in Mahahual.





# DAY 16 (Wednesday 11 December) CENOTES CHIKIN HA – PLAYA DEL CARMEN

Breakfast. Travel to Chikin Ha Cenotes (3hr 15min). Chikin Ha is a guided adventure tour - explore the labyrinth of fresh water in in three open air and underground "cenotes", floating along rivers and through caves. Bike, abseil, snorkel and zip line as well as attend a Mayan ceremony. Meal. Night in Playa del Carmen.



#### DAY17 (Thursday 12 December) COZUMEL

Breakfast. We take the ferry to Cozumel Island where we board Spanish galleon/pirate ship Jean Lafitte for a few hours of pirate fun and some of the best snorkelling Cozumel has to offer. Meal. At the end of the day, feel México in your bones with a visit to the cultural spectacular show of XCaret. Accommodation in Playa del Carmen.

#### DAY 18 (Friday 13 December) CHICHEN ITZA – MERIDA

Breakfast. Transport to Chichen Itza (2 hours). Guided tour of Chichin Itza, one of the Seven Wonders of the World. It was the most successful of the Mayan capitals renowned for the Kukulcán pyramid, ball court, Warriors temple, observatory and sacred cenote. Meal. Accommodation in Merida.

#### DAY 19 (Wednesday 12 December) CELESTUN y CHOCO-STORY

Breakfast. Outing to Celestún Biosphere Reserve, which has large flocks of flamingos, plus birds like herons and pelicans. Meal. We end our tour with a visit to Choco Story a sensory museum explaining the history of the production chocolate. Night in Merida.

#### DAY 20 (Thursday 13 December)

Breakfast. Time to say goodbye. Transport to Merida airport to connect with your flight back to your Mexican home.



# END OF SERVICES

# TAK Sáamal

# PROPUESTA PAQUETE RUTA MAYA

- > APOYO LOGISTICA, DESDE CONTRATACION Y DURANTE EL VIAJE
- > TRASLADOS EN TODO EL RECORRIDO EN UNIDADES DE LUJO
- ≻16 NOCHES DE HOSPEDAJE EN HOTELES DE 3 Y 4 ESTRELLAS EN BASE OCUPACION TRIPLE O CUADRUPLE
- >3 NOCHES DE CAMPAMENTO EN TIENDA DE LUJO ESTILO SAFARI
- >ENTRADA A TODOS LOS LUGARES DETALLADOS EN EL ITINERARIO (con su credencial estudiantil)
- > 19 DESAYUNOS, 18 COMIDAS y 3 CENAS INCLUIDOS
- ➢ BOTIQUIN DE PRIMER AUXILIOS
- > 1 CHAPERONE GRATIS PARA CADA 15 PARTICIPANTES
- ➤ SERVICIO CON GUIA DURANTE TODO EL RECORRIDO

# HOTELES CONSIDERADOS

HABITACIONES TRIPLES o CUADRUPLES (TODOS HOTELES DE 3\* Y 4\*)

- > 4 NOCHES CIUDAD DE MEXICO: HOTEL GENEVE O IGUAL en ZONA ROSA
- ➤ 3 NOCHES EXPEDICIONES MEXICO VERDE: HOSPEDAJE SAFARI MEXICO VERDE
- ➤ 3 NOCHES SAN CRISTOBAL DE LAS CASAS: SAN MARCOS
- ➤ 1 NOCHE PALENQUE: HOTEL CHABLIS
- > 2 NOCHES CALAKMUL : CHICANNA ECOVILLAGE
- > 2 NOCHES MAHAHUAL: MATAN KA'AN HOTEL
- > 2 NOCHES PLAYA DEL CARMEN: HOTEL COLIBRI
- > 2 NOCHES MERIDA: to be determined

SE PUEDE MODIFICAR CUALQUIERA DE ESTAS OPCIONES, POR FALTA DE DISPONIBILIDAD EN EL HOTELO PARA MEJORAR SEGURIDAD, PERO EN TODO CASO SE OFRECERAN OPCIONES DE HOSPEDAJE IGUALES O SUPERIORES